Holy Cross PE Overview

	TERM 1		TERM 2		TERM 3	
Reception *Reception*	Introduction to PE : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Fundamentals : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Year 1 *Y1*	Fundamentals Invasion Games	Fitness Dance	Target Games Gymnastics	Ball Skills Sending and Receiving	Net and Wall Games Striking and Fielding Games	Forest School Athletics
Year 2 *Y2*	Fundamentals Invasion Games	Fitness Dance	Target Games Gymnastics	Ball Skills Sending and Receiving	Forest School Striking and Fielding Games	Net and Wall Games Athletics
Year 3 *Y3*	Forest School Football	Dance Handball	Fitness Gymnastics	Dodgeball Hockey	Netball Rounders	Athletics Cricket
Year 4 *Y4*	Football Rugby	Dance Handball	Gymnastics Ball Skills Y3/4	Dodgeball Hockey	Netball Rounders	Athletics Cricket
Year 5 *Y5*	Netball Rugby	Dance Badminton Y5/6	Basketball Gymnastics	Forest School Golf	Volleyball Y5/6 Rounders	Athletics Cricket
Year 6 *Y6*	Golf Hockey	Forest School Badminton Y5/6	Dance Gymnastics	Netball Volleyball Y5/6	OAA Rounders	Athletics Cricket