

Find out about the 'Love and Logic' approach to parenting. Regain sanity in your life! The Love and Logic parenting course provides positive and practical techniques to help parents and care givers have less stress and more fun while raising responsible kids.

## During the sessions you will learn about:

- > Building strong and emotionally healthy family relationships
- Putting an end to arguing, back talk and begging
- Setting limits without waging war
- Avoiding power struggles
- > Guiding kids to solve their own problems

<u>When:</u> Thursday evenings: May 8, 15, 22, June 5, 12, 26 <u>Time:</u> 7:30pm – 9:00pm <u>Where:</u> The Loft, Duke Street Church, Duke Street, B72 1RJ (Free car parking at the church) <u>Cost:</u> £1:50/week towards printed resources & refreshments

This course is open to parents whose children attend one of the Our Place Schools. To check if your school subscribe to our service ask your teacher or visit <u>www.ourplacecommunityhub.org/our-schools/</u>

If you would like to attend then please contact Our Place Community Hub on 0121 354 40 80 Email: <u>kellyround@ourplacecommunityhub.org</u> Or text your name and address to the course facilitator,Pauline Dalling: 07791 628363



