

positiveparenting

TIME OUT FOR PARENTS PROGRAMME 2015

**Being a parent is hard work and often feels like
50% guilt and 50% worry!**

**It can also be one of the most fulfilling and
important roles that we are likely to have in life.
Time Out for Parents is a fantastic informal
programme where you can pick up tools and
strategies for common parenting issues and get
some tips on how to build better family
relationships!**

Book your place:

When: Mondays , 9:30am– 11:30am
starting 19th January

Where: Duke Street Church, Duke Street, B72 1RJ
(Free car parking)

Cost: £1:50/week towards printed resources & refresh-
ments for parents of Our Place Schools

Booking: Call 0121 354 40 80

Delivered by

OUR PLACE
mentoring scheme



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