



Programme Pathway #1

2-year cycle over 1 term

This Programme Pathway is designed for schools wanting to kickstart the programme over one term (usually the Summer term) and evaluate how it can best be implemented in future years. However, we don't recommend this pathway as a long-term strategy for teaching Relationship Education. Relationship Education is best taught over a sustained period of time, with the option to return to certain lessons or exercises throughout the year as the need arises.

Please note, in this Pathway, we recommend starting:

- Pre-school & Years 1, 3 and 5 with 'Module 2'
- Reception & Years 2, 4, and 6 with 'Module 1'.
- All Years to undertake sessions from 'Module 3'.

The Gospel story sessions in Module One and the Trinity story sessions in Module Three are run every year as they are foundational to the Religious Understanding taught in the programme.

See below for the Programme Pathway



Teacher Training & Parent Communication

Before starting the programme, please allow at least 3 weeks for preparation to include:

Teacher Training
<p><u>Online Teacher Training Tool</u></p> <p><u>3 x after-school training sessions</u> (30 minutes each)</p>
Parent Communication
<p><u>Parent Consultation Tool</u></p> <p><u>Parents' Session</u></p> <p><u>Online Parent Portal</u></p>

On the following pages, you will find Programme Pathways for EYFS to Year 6.

Each pathway fits into a 5-6 week term.

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Pre-school

Ten:Ten
Resources



Week	Module and Unit	Session Title	Session Length (approx.)
1	EYFS, Module 1, Unit 1	Story Sessions: Handmade With Love	5 x 15-minute sessions over 5 days
2	EYFS, Module 2, Unit 1	Session 1: Role Model	2 x 15-minute sessions
3	EYFS, Module 2, Unit 2	Session 1: Who's Who?	15 minutes
		Session 2: You've Got a Friend in Me	15 minutes
		Session 3: Forever Friends	15 minutes
3 & 4	EYFS, Module 2, Unit 3	Session 1: Safe Inside and Out	15 minutes
		Session 2: My Body, My Rules	15 minutes
		Session 3: Feeling Poorly	15 minutes
		Session 4: People Who Help Us	15 minutes
5	EYFS, Module 3, Unit 1	Session 1: God is Love	15 minutes
		Session 2: Loving God, Loving Others	15 minutes
	EYFS, Module 3, Unit 2	Session 1: Me, You, Us	15 minutes

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Reception

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Week	Module and Unit	Session Title	Session Length (approx.)
1	EYFS, Module 1, Unit 1	Story Sessions: Handmade With Love	5 x 15-minute sessions over 5 days
2	EYFS, Module 1, Unit 2	Session 1: I Am Me	15 minutes
		Session 2: Heads, Shoulders, Knees and Toes	15 minutes
		Session 3: Ready Teddy?	15 minutes
3 & 4	EYFS, Module 1, Unit 3	Session 1: I Like, You Like, We All Like!	15 minutes
		Session 2: Good Feelings, Bad Feelings	15 minutes
		Session 3: Let's Get Real	15 minutes
4	EYFS, Module 1, Unit 4	Session 1: Growing Up	15 minutes
5	EYFS, Module 1, Unit 1	Session 1: God is Love	15 minutes
		Session 2: Loving God, Loving Others	15 minutes
	EYFS, Module 1, Unit 2	Session 1: Me, You, Us	15 minutes

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Year 1

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Week	Module and Unit	Session Title	Session Length (approx.)
1	KS1, Module 1, Unit 1	Story Sessions: Let the Children Come	5 x 10-minute sessions over 5 days
2	KS1, Module 2, Unit 1	Session 1: God Loves You	40 minutes
3	KS1, Module 2, Unit 2	Session 1: Special People	30 minutes
		Session 2: Treat Others Well...	35 minutes
		Session 3: ...And Say Sorry	30 minutes
4 & 5	KS1, Module 2, Unit 3	Session 1: Being Safe	35 minutes
		Session 2: Good Secrets and Bad Secrets	35 minutes
		Session 3: Physical Contact	45 minutes (or 2 x 25 minutes)
		Session 4: Harmful Substances	30 minutes
		Session 5: Can You Help Me?	40 minutes (can be split into 2 sessions)
6	KS1, Module 3, Unit 1	Session 1: Three in One	25 minutes
		Session 2: Who Is My Neighbour?	30 minutes
	KS1, Module 3, Unit 2	Session 1: The Communities We Live In	35 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

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YEAR 2

Ten:Ten
Resources



Week	Module and Unit	Session Title	Session Length (approx.)
1	KS1, Module 1, Unit 1	Story Sessions: Let the Children Come	5 x 10-minute sessions over 5 days
2	KS1, Module 1, Unit 2	Session 1: I am Unique	30 minutes
		Session 2: Girls and Boys	30-40 minutes
		Session 3 & 4: Clean & Healthy	40 minutes (2 sessions)
3	KS1 Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes	40 minutes
		Session 2: Feeling Inside Out	30 minutes
		Session 3: Super Susie Gets Angry	40 minutes
4	KS1 Module 1 Unit 4	Session 1: The Cycle of Life	30 minutes
5	KS1, Module 3, Unit 1	Session 1: Three in One	25 minutes
		Session 2: Who Is My Neighbour?	30 minutes
	KS1, Module 3, Unit 2	Session 1: The Communities We Live In	35 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

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YEAR 3**Ten:Ten**
Resources

Week	Module and Unit	Session Title	Session Length (approx.)
1	LKS2 Module 1, Unit 1	Session 1: Get Up!	5 x 15-minute sessions over 5 days
		Session 2: The Sacraments	45 minutes
2	LKS2 Module 2, Unit 1	Story Sessions: Jesus, My Friend	5 x 15-minute sessions over 5 days
3	LKS2 Module 2, Unit 2	Session 1: Friends, Family and Others	45 minutes
		Session 2: When Things Feel Bad	45 minutes
4 & 5	LKS2 Module 2, Unit 3	Session 1: Sharing Online	45 minutes
		Session 2: Chatting Online	45 minutes
		Session 3: Safe in My Body	45 minutes
		Session 4: Drugs, Alcohol and Tobacco	45 minutes
		Session 5: First Aid Heroes	45 minutes
6	LKS2 Module 3, Unit 1	Session 1: A Community of Love	30 minutes
		Session 2: What is the Church?	45 minutes
	LKS2 Module 3, Unit 2	Session 1: How Do I Love Others?	50 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

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YEAR 4

Ten:Ten
Resources



Week	Module and Unit	Session Title	Session Length (approx.)
1	LKS2 Module 1, Unit 1	Session 1: Get Up!	5 x 15-minute sessions over 5 days
2 & 3	LKS2 Module 1, Unit 2	Session 1: We Don't Have To Be The Same	45 minutes
		Session 2: Respecting Our Bodies	45 minutes
		Session 3: What is Puberty?	45 minutes
		Session 4: Changing Bodies	45 minutes
		Session 5: Boy/Girl Discussion Groups	45 minutes
4	LKS2 Module 1, Unit 3	Session 1: What Am I Feeling?	45 minutes
		Session 2: What Am I Looking At?	45 minutes
		Session 3: I Am Thankful!	45 minutes
5	LKS2 Module 1, Unit 4	Session 1: Life Cycles	45 minutes
6	LKS2 Module 3, Unit 1	Session 1: A Community of Love	30 minutes
		Session 2: What is the Church?	45 minutes
	LKS2 Module 3, Unit 2	Session 1: How Do I Love Others?	50 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session

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YEAR 5**Ten:Ten**
Resources

Week	Module and Unit	Session Title	Session Length (approx.)
1	UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm	5 x 15-minute sessions over 5 days
2	UKS2 Module 2, Unit 1	Session 1: Is God Calling You?	45-60 minutes
3	UKS2 Module 2, Unit 2	Session 1: Under Pressure	45-60 minutes
		Session 2: Do You Want a Piece of Cake?	45-60 minutes
		Session 3: Self-Talk	45-60 minutes
3, 4 & 5	UKS2 Module 2, Unit 3	Session 1: Sharing Isn't Always Caring	45-60 minutes
		Session 2: Cyberbullying	45-60 minutes
		Session 3: Types of Abuse	45-60 minutes
		Session 4: Impacted Lifestyles	45-60 minutes
		Session 5: Making Good Choices	45-60 minutes
		Session 6: Giving Assistance	45-60 minutes
6	UKS2 Module 3, Unit 1	Session 1: The Trinity	45-60 minutes
		Session 2: Catholic Social Teaching	45-60 minutes
	UKS2 Module 3, Unit 2	Session 1: Reaching Out	45-60 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

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YEAR 6**Ten:Ten**
Resources

Week	Module and Unit	Session Title	Session Length (approx.)
1	UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm	5 x 15-minute sessions over 5 days
2	UKS2 Module 1, Unit 2	Session 1: Gifts and Talents	45-60 minutes
		Session 2: Girls' Bodies	45-60 minutes
		Session 3: Boys' Bodies	45-60 minutes
		Session 4: Spots and Sleep	45-60 minutes
3	UKS2 Module 1, Unit 3	Session 1: Body Image	45-60 minutes
		Session 2: Funny Feelings	45-60 minutes
		Session 3: Emotional Changes	45-60 minutes
		Session 4: Seeing Stuff Online	45-60 minutes
4	UKS2 Module 1, Unit 4	Session 1: Making Babies (Part 1)	45-60 minutes
		Session 2: Making Babies (Part 2) <small>May be omitted or may be set as a homework task with parents.</small>	45-60 minutes
		Session 3: Menstruation	45-60 minutes
5	UKS2 Module 3, Unit 1	Session 1: The Trinity	45-60 minutes
	UKS2 Module 3, Unit 1	Session 2: Catholic Social Teaching	45-60 minutes
	UKS2 Module 3, Unit 2	Session 1: Reaching Out	45-60 minutes

For each Unit, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.