

Street Food Monday		Tuesday	Wednesday	Thursday	Friday
Hot Dog in a Roll	* Spicy Chicken in Pitta Bread	Roast Lamb with Yorkshire Pudding, Mint Sauce & Gravy Haddock Grill	Fish Fingers	* Cheese & Tomato Pizza (v)	
* Sweet & Sour Chicken	Salmon Nuggets	Jacket Potato with Cheese (v)	* Cheese Pasty (v)	Quorn Sausage (v)	
* Spicy Pasta Pot (v)	Ham or Cheese Baguette		Vegetable Samosa (v)		
Jacket Potato	Garlic Bread Pasta	Roast Potatoes New Potatoes	Creamed Potato Potato Wedges	Chips Pasta	
Rice					
Peas	Baked Beans Broccoli	Sweetcorn Cauliflower	Carrots Peas	Baked Beans Sweetcorn	
Mixed vegetables					
Cookie	* Fruit Sponge with Custard	* Jaffa Chocolate Squares	Ice Cream Jelly	* Chocolate Crunch with Strawberry Custard	
Fruit Juice Drink					
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	

* = Homemade

V = Vegetarian Option

Additional Menu Options Available Daily

Salad selection is available as an alternative to vegetables;

Fresh Drinking Water available daily

Chunky Bread available daily

Week 1
2013

Street Food Monday					Tuesday	Wednesday	Thursday	Friday
* Lamb Bolognaise	Lamb Burger in a Bap	Roast Chicken with Yorkshire Pudding & Gravy	Gammon Steak	* Cheese & Tomato Pizza (v)				
* Spicy Quorn Wraps	Cod & Salmon Grill	Quorn Roast (v)	Fish Fingers	* Quorn Curry (v)				
Jacket Potato with Various Fillings (v)	* Vegetable & Cheese Bake (v)	Jacket Potato with Various Fillings (v)	* Macaroni Cheese (v)					
Diced Potatoes Pasta	Potato Wedges Chunky Bread	Roast Potatoes New Potatoes	Pommes Noisettes Creamed Potato	Chips Naan Bread				
Carrot & Peas Sweetcorn	Mixed Vegetables Fresh Broccoli	Fresh Carrots Sweetcorn	Green Beans Mixed Vegetables	Sweetcorn Baked Beans				
Ice Cream Sponge Roll	* Fruit Shortbread with Custard	* Chocolate Crunch with Custard	* Apple Crumble with Custard	* Chocolate Muffin Milk Drink				
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt				
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection				

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Additional Menu Options Available Daily

Salad selection is available as an alternative to vegetables;

Fresh Drinking Water available daily

Chunky Bread available daily

Week 2

2013

Street Food Monday					Tuesday	Wednesday	Thursday	Friday
* Chicken Curry	Tempura Battered Fish Fillet	Roast Lamb with Yorkshire Pudding, Mint Sauce & Gravy	Fish Fingers	* Cheese & Tomato Pizza (v)				
	* Chicken Goujons	Lemon Sole Grill	* Quorn Burger in a Bap (v)		Vegetable Samosa (v)			
Hot Dog in a Roll	Quorn Sausages with Gravy (v)	* Pasta Bake (v)	Cheese & Onion Roll (v)					
* Spicy Pasta Pot (v)								
Pommes Noisettes	Diced Potatoes	Roast Potatoes	Potato Wedges	Chips				
Rice	Creamed Potato	New Potatoes	Pasta Twists	Rice				
Baked Beans	Sweetcorn	Broccoli	Peas	Baked Beans				
Peas	Carrots	Cauliflower	Sweetcorn	Mixed Vegetables				
Ice Cream	* Chocolate Cracknel with Custard	Cheesecake	* Orange Sponge with Custard	* Cookie Milk Drink				
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt				
Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection	Fresh Fruit Selection				

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Additional Menu Options Available Daily

Salad selection is available as an alternative to vegetables;

Fresh Drinking Water available daily

Chunky Bread available daily

Week 3
2013

Street Food Monday				
Tuesday	Wednesday	Thursday	Friday	
<p>* Sweet & Sour Chicken</p> <p>Jacket Potato with Beans & Cheese (V)</p> <p>* Quorn Pasta Pot (V)</p>	<p>Roast Chicken Drumstick</p> <p>* Cheese & Potato Pie (V)</p> <p>Tuna or Cheese Salad Wrap</p>	<p>Roast Gammon with Gravy</p> <p>Fish Crunchy</p> <p>* Cheese & Onion Pasty (V)</p>	<p>* Chicken Jambalaya</p> <p>Fish Fingers</p> <p>* Quorn Pasta Bake (V)</p>	<p>* Cheese & Tomato Pizza (V)</p> <p>Spicy Tomato Pasta (V)</p>
<p>Spicy Potato Wedges</p> <p>Noodles</p>	<p>Diced Potatoes</p> <p>Creamed Potato</p>	<p>Roast Potatoes</p> <p>Parsley Potatoes</p>	<p>Duchesse Potatoes</p> <p>½ Jacket Potato</p>	<p>Chips</p> <p>Garlic Bread</p>
<p>Peas</p> <p>Baked Beans</p>	<p>Sweetcorn</p> <p>Mixed Vegetables</p>	<p>Sweetcorn</p> <p>Fresh Carrots</p>	<p>Broccoli</p> <p>Carrot & Swede Batons</p>	<p>Peas</p> <p>Baked Beans</p>
<p>Muffin</p> <p>Milk Drink</p> <p>Yoghurt</p> <p>Fresh Fruit Selection</p>	<p>* Chocolate Crunch with Strawberry Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Selection</p>	<p>* Flapjack with Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Selection</p>	<p>* Apple Crumble with Custard</p> <p>Yoghurt</p> <p>Fresh Fruit Selection</p>	<p>Ice Cream Roll</p> <p>Fruit Juice Drink</p> <p>Yoghurt</p> <p>Fresh Fruit Selection</p>

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Salad selection is available as an alternative to vegetables;

Fresh Drinking Water available daily

Chunky Bread available daily

This menu has been approved by a qualified Nutritionist as reflecting the requirements of current Government Guidelines.