



Who are we?
A support network
designed for SEND
parents by SEND parents

Grow Family Services Offers:

- SEND Parent/Carer Support Groups
- Monthly Guest Speakers
- Parent/Carer Talking Therapy
- Understanding Your Emotions Course
- Parent Support Programmes
- Sibling Support Group
- Life-skills Programme
- SEND Library
- Family Support
- Signposting

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GROW – A support network for families of children with SEND. They are based in Mere Green but serve families across Sutton Coldfield.



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UpComing Meetings April and May:

Mere Green Community Centre, Mere Green B75 5BT
7pm – 9pm

Thursday 11 th April	Guest Speakers Self Injurious Behaviour (Cerebra) & SEND Strategy (Birmingham City Council)
18 th April	Parental Depression/Anxiety – Dr Noor
9 th May	PDA Society
23 rd May	Ask the SENCo Evening

Mere Green Community Centre, Mere Green B75 5BT
9.30am – 11.30 am

Tuesday 9 th April	Guest Speakers Well-being for Parents
Monday 13 th May	How to Support Siblings

No charge to attend but donations welcome

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Membership
£20 per year
per family
No borrowing
costs

A Specialist Library from Grow Family Services

The Library is a lending service for families in the Sutton Coldfield area with children and young people who have any kind of Special Educational Needs or Disabilities, whether they have a diagnosis or not

For more information contact:
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